Supports for Teachers Who With Less Experience in Online Teaching

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Abstract

In the traditional education, the distribution of high-quality educational resources is uneven, the learning methods are lacking, and the teaching mode is single. In the era of knowledge economy, ICT in education will cover the deficiencies in the traditional teaching mode with the characteristics of resource globalization, individualized teaching, and autonomous learning. In the process of promoting ICT in education, how schools and teachers can improve online teaching capabilities and apply them to teaching has become one of the issues of public concern.

Here I would like to discuss topics related to supports for teachers with less online teaching experience. Including teachers' online teaching capabilities training, difficulties to be overcome in online teaching, etc. It is hoped that it can be a solution to problems such as "the learning atmosphere is not strong", "the participation between teachers and students is low", and "lack of real-time communication".

Keywords: Online Teaching, Online Education, Teachers Mental health, Teaching Ability

Contents

At the beginning of 2020, due to the outbreak of the COVID-19, not only the social economy was affected, but the education was also forced to pause. During the time of the spread of the COVID-19, students and teachers had to stay at home. In order not to delay learning progress, online education has begun to enter people's field of vision on a large scale. In my opinion, this is a major milestone in the development of online education.

However, after a period of online teaching, many people have realized that the effect of this teaching approach is becoming less and less effective. It can be said that the current online teaching is just a hastily launched product, and it is destined to be difficult to achieve good results.

Although offline classes have largely resumed, online classes have gradually been integrated into the campus. It is foreseeable that online classes will be indispensable in future education.

Therefore, it is imperative to help teachers improve online classes skills and the effectiveness of online classes. It is hoped that online classes can become a beneficial part of education.

Here, I would like to propose some solutions for the difficulties in online classes from the teachers' side, so that teachers who feel exhausted because of online classes can regain their enthusiasm for teaching.

According to interviews and reports, I learned that different grades have different problems.

For example, in the lower grades, it was difficult for teachers to regulate students' behavior through the screen because of their lack of self-control. So here comes the problem of interaction between teachers and students, which makes teachers feel conflicted.If they want to communicate with students, even if they are connected to a microphone, they will encounter poor communication due to network problems on both sides, so many teachers consider it a waste of time after making attempting.

Due to inability to communicate face-to-face, it has become difficult to keep track of homework after classes. Some students seem to have disappeared after class, and it is not easy to contact them; some students who do not like to do homework simply search for answers on the Internet, which makes the teaching result much worse.

After assigning the homework, teachers start to correct it, and then upload it to the platform, which is also a waste of time.

In addition, in order to pursue the effect of online classes, teachers are constantly updating their own devices, such as WiFi, mobile phone stands, tablet computers, microphones, new computers, etc., which have increased the financial burden on teachers.

Some teachers reported that students and parents asked themselves all things they were not clear about, including questions outside of their studies. These teachers joked that they seemed to be online customer service 24 hours a day.

Many teachers find reluctantly that students' learning enthusiasm and attitude are getting worse and worse during their teaching process. Many teachers said that few students answered questions actively in class, and many students never spoke. If in the offline classes, such a situation can be avoided. However, teachers can only adjust their teaching content as much as possible through the camera and screen. When there is no feedback from students, they can only remind them tirelessly, but cannot guarantee the final learning effect of students.

Many teachers feel embarrassed when students do not respond or are silent for a long time in a study group. Without the usual interaction in the classroom and without positive feedback from students, teachers' enthusiasm for teaching will also be greatly weakened.

There is another problem that cannot be ignored from the teachers' side. Due to the sudden start of online teaching, many older teachers cannot adapt to various online tools. Sometimes they spend half the time debugging devices in a class, this made teachers are under great psychological pressure.

In response to the current difficulties, we have discussed some solutions.

First of all, I believe that the supports from the school is the greatest confidence for teachers.

The school can continuously collect problems that encountered by students and teachers with the devices in online classes, edit them into operation manuals, and update them regularly, so that teachers and students can solve problems when they use online classes tool in a timely manner. Not only that, school can also solicit positive ways of using online classes tools, and the beneficial features can be promoted to a wider audience through usage tips between teachers and students.

It is also necessary to strengthen the training of teachers in the use of online teaching tools to avoid unnecessary waste of time in online classes. For some teachers who are not familiar with the Internet and electronic devices, arrange mutual help between teachers. Each teacher needs to find a suitable online teaching platform.

In addition, teachers who have a need for hardware should also be provided with material support, and do not let online class devices become an additional burden on teachers.

In terms of teachers themselves, online classes require more energy than in the past, it is unavoidable at present. Teachers need to further analyze the students' learning situation, and also pay more attention to their students' physical and mental health and family situation to help adjust their learning at the right time.

Choosing an online classes platform that can be played back may also be easier for students to review (I think this is an advantage of online classes).

Regarding the physical and mental health of teachers,since online classes confront so many factors that cannot be grasped, teachers' anxiety index is much higher than before.Schools can arrange regular psychological counseling to care not only about students' mental health, but also teachers' mental health is especially important.

In addition, due to the limited space in the room for online classes, teachers stay in front of the computer all day, which is also very harmful to their bodies, so proper exercise is necessary.

Although a number of solutions have been proposed to improve the effectiveness of online teaching so far, there is still a slight lack of implementation. Improving the effectiveness of online classes is not only the unilateral responsibility of teachers, but also the shared responsibility of society and families. Teachers need support from schools and parents in order to focus more on learning content.

References

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